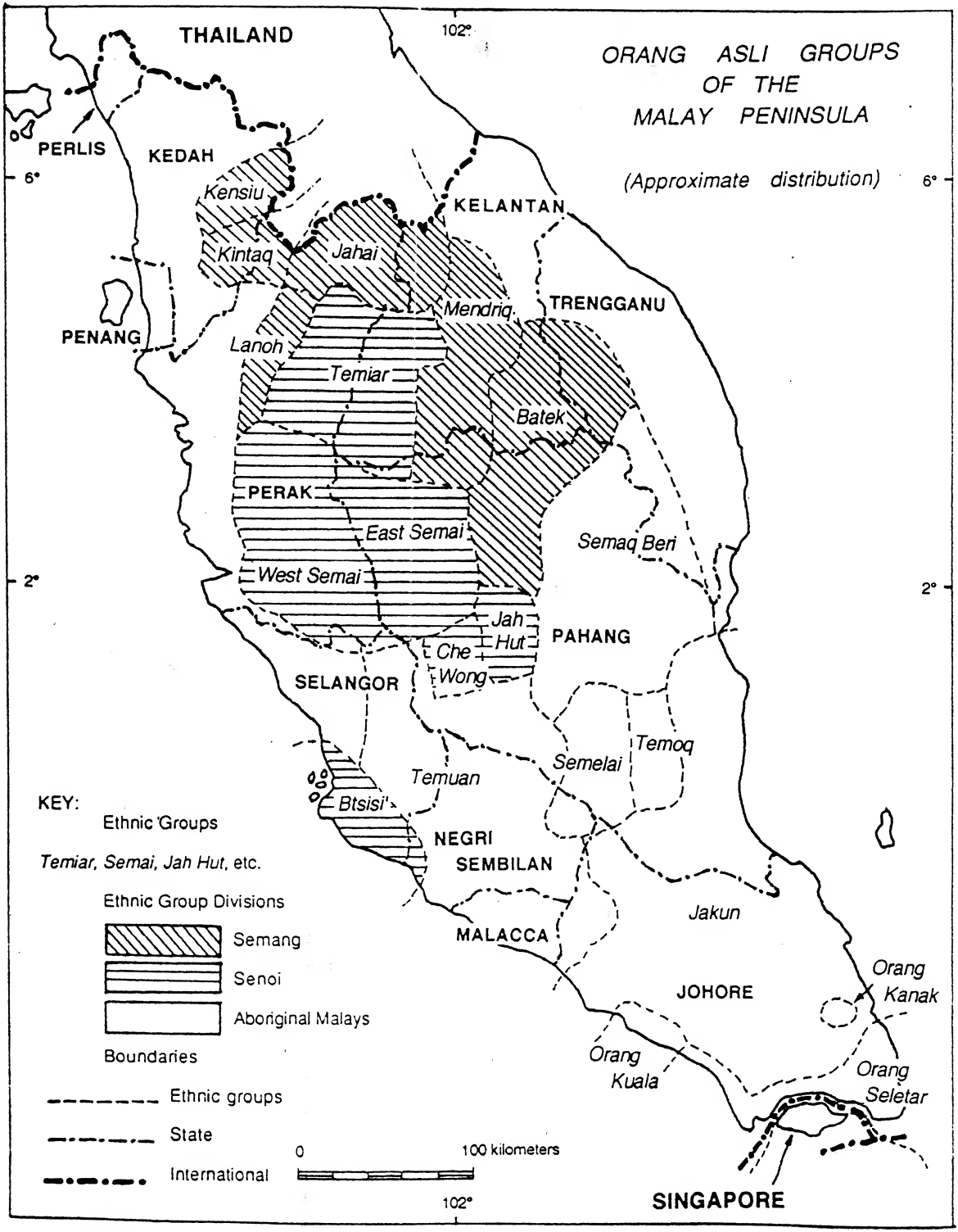

Adapted from Benjamin 1985.